

Milestone 4

Milestone 4: Commitment to Purity

BOOKS

Why True Love Waits By Josh McDowell

This is an easy reference tool for parents, youth workers, educators and students. The definitive book on how to help your kids resist sexual pressure.

Sex Is Not the Problem (Lust Is): Sexual Purity in a Lust-Saturated World By: Joshua Harris

This "PG-rated" book – straightforward without being graphic – speaks to those entrenched in lust or just flirting with temptation. Harris exposes lust's tactics and helps readers create a personal plan for fighting back.

Teaching Your Children Healthy Sexuality By: Jim Burns

Trusted family authority provides a simple and practical guide for parents to help their children develop a healthy perspective regarding their bodies and sexuality.

VIDEOS

How to Talk to Your Children About Sex

<https://www.thegospelcoalition.org/article/talk-children-about-sex-wilkin-allberry-cook/>

Resources