

Milestone 3

Milestone 3: Preparing for Adolescence

BOOKS

Teaching Your Children Healthy Sexuality By: Jim Burns

Trusted family authority provides a simple and practical guide for parents to help their children develop a healthy perspective regarding their bodies and sexuality.

The Focus on the Family Guide to Talking with Your Kids about Sex By: Thomas Fitch and David Davis

This book shows parents how to talk with confidence to their kids about sex and sexuality. This candid resource is full of the latest information, practical insights, and age-appropriate answers to the questions parents and children ask about sex.

Secure Daughters, Confident Sons By: Glenn T. Stanton

Stanton offers a clear vision for why gender matters in how we raise our children, then highlights a practical pathway for guiding children into healthy manhood and womanhood.

Plugged-In Parenting By: Bob Waliszewski

This book makes a powerful case for teaching kids media discernment and gives insight in parenting in the digital/technology age.

Big Truths for Young Hearts: Teaching and Learning the Greatness of God By: Bruce Ware

Equips parents to guide their young children through all major doctrines in an understandable, chapter-a-day format.

Family Worship. By: Donald Whitney

This book provides a basic plan for family worship: Read, Pray, Sing. This is extremely practical and will motivate you to begin consistent, family worship.

CD'S

Passport2Purity By: Dennis and Barbara Rainey

ARTICLES

Preparing for Adolescence Series:

www.focusonthefamily.com/parenting/schoolage-children/preparing-for-adolescence/preparing-for-adolescence

Resources